1. Raise and support frame side rails on jack stands. It is recommended to do one side at a time.

NOTE: Inspect the rear suspension and replace all needed parts. See suggested list below.

- 285 - Factory Leak Spring (pair)
- 15970 - 2" Lowering Springs (pair)
- 15971 - 3" Lowering Springs (pair)
- 069 - U-Bolts and Nuts (4 per car)
- 11294 - Front bushing Bolt Kit (2 per car)
- 064 - Shackel Busing (6 use on 55)
- 063 - Upper Shackle Bushing (4 used 56-57)
- 064 - Lower Shackle Bushing (4 used 56-57)

See catalog for Shock Absorber Options, Urethane Shackle Bushing, Bumpers and more.

2. Disconnect the lower shock absorber from the lower shock mount.

3. Remove the nuts on the end of the U-Bolts, remove lower shock plate. This is a good time to replace U-Bolts and Nuts if needed, 4 of our 069 are required per car.

4. Install the Traction Bar anchor plate, there is a driver side and passenger side to the plates. Be sure the shock mounting stud is facing forward and on inside of spring.

5. Remove the nut only from the front bushing on the front eye bolt of the leaf spring.

6. Raise the rear end until front mounting bracket aligns with front spring eye bolt.

7. Attach the front bracket of the traction bars to the outside of the leaf spring and reinstall the nut.

8. Reattach the shock absorber.
Traction Bars

Frame

EYE BOLT BRACKET

SPRING PLATE BRACKET

REAR BRACKET

FORWARD BRACKET